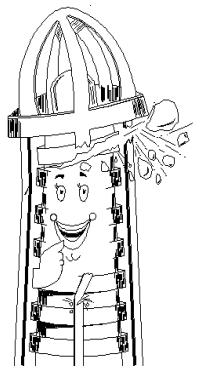




Y's CRACK

THE OFFICIAL BULLETIN OF
Y's MEN's CLUB, Y's MENETTE's CLUB & Y's LING'S CLUB
OF ANNA NAGAR

Y's MEN INTERNATIONAL South India Region, India Area
Service Club in partnership with the YMCA
"To acknowledge the duty that accompanies every right"



August 2015

Volume : 01 / 2015-16

President Speaks.....



Greetings to all!

Thank you very much for the confidence reposed in me as the 37th President of this prestigious club. Special thanks to the little one DRITI the grand daughter of Ysm and Ymt George and Anita who picked up my name from the lot of 30 Ys men!

Due to unavoidable circumstances, we could not conduct our installation meeting in the month of July 2015. However, we will catch up with all our activities during this Ys year. I am happy that our Bulletin Editor Ysm. D.Mathew is ready with the first edition of our Y'S CRACK. Ysm Mathew is 'Technically Sharp' in all aspects. I am confident that our ever enthusiastic Secretary Ysm K.G. Paul and Treasurer Ysm Koshi Philip will take us to greater heights during this year.

Let us join together and make a difference in all our Ysdom activities towards a strong foundation our Movement for Community Service, Cosmopolitan outlook and Family involvement.

'WE MAKE A LIVING BY WHAT WE GET, BUT WE MAKE A LIFE BY WHAT WE GIVE' (Winston Churchill)

Philip Tharakan



Dear Y's men,

At the outset, I wish to thank our President Ysm Philip Tharakan and Secretary Ysm K.G.Paul for entrusting me with this portfolio for bringing out our Club Bulletin. I have accepted this task with full faith in the support and cooperation of all my fellow Y's men.

The guiding theme of our news bulletin shall strive to keep you updated with the events and activities in our club. Occasionally an article may appear on topic of our service activity. A page is planned for humor / puzzles and other interesting anecdotes. All in all a veritable fare ahead.

Looking for an exciting year.

Your's in Ysdom,

Ysm D.Mathew

Editor

Life is like riding a bicycle. To keep your balance you must keep moving. - Albert Einstein

Secretary's Corner



The Y's Year for 2015 – 2016 started off with the installation of the new team on 14th August 2015 at Hotel Ambassador Pallava by the Dist. Governor, Ysm S.R.Rajendiran with the following office bearers:

Y's Men Club : President - Ysm Philip Tharakan
Secretary - Ysm K.G.Paul
Treasurer - Ysm Koshi Philip

Y's Menettes Club : President – Ymt SusheelaTharakan
Secretary – Ymt Reena Paul
Treasurer – Ymt Kumari Mathew

Y's Lings Club : President - Ylg Sharon Susan Shibu
Secretary - Ylg Jacob Abraham

Bulletin Editor : Ysm D.Mathew

The meeting was very well attended and the Dist. Secretary, Ysm K.Rajeevan felicitated the new office bearers and was very appreciative on the conduct of the meeting. The first major project of the club was conducted by donating a sum of Rs.28,000/- to Jeevadoya, a home caring for the terminally ill cancer patients.

The District conducted its training programme for the new office bearers along with the first District council meeting on 1st August 2015. Our club participated in this programme.

Onam will be celebrated on the 30th of August 2015 at UCA mini auditorium. We hope to have good participation as lots of exciting events awaits the members on this day.

The club has planned our 1st outstation Picnic to Ashtamudi lake resort from 17th to 20th of September 2015 and more than 30 members have already confirmed their participation.

Few of our members celebrated their birthdays and wedding anniversaries during the months of May, June, July and August and all of us from the club wish them the Very Best and Blessed returns of the day.

Our Bulletin editor is keen to bring out an issue of the bulletin and so your contributions are keenly solicited.

Hoping to have a very exciting year ahead of us with all your participation and co-operation.

Thanking you.

K.G.Paul





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Pineapple Payasam

Ingredients:

- 1. Milk - 1 lit
- 2. Milkmaid - 1 tin (400gms)
- 3. Sago - 1 cup
- 4. Fine chopped pineapple - 1.5 cup and stewed in 0.5 cup sugar.
- 5. Cardamon powder - 0.5 cup

Method :

- 1. Double boil milkmaid tin in a saucepan for 1/2 hr.
- 2. Cook sago separately.
- 3. Boil milk and then add the double boiled milkmaid and stir till it turns pink colour.
- 4. Add cooked sago and keep it for cooling.
- 5. Then add stewed pineapple and cardamon powder.

Team for 2015 - 16

Y's Mens Club



Ysm Philip Tharakan
President



Ysm K.G.Paul
Secretary



Ysm Koshi Philip
Treasurer



Ysm D.Mathew
Bulletin Editor

Y's Menettes Club



Ymt SusheelaTharakan
President



Ymt Reena Paul
Secretary



Ymt Kumari Mathew
Treasurer

Y's Lings Club



Ylg Sharon Susan Shibu
President



Ylg Jacob Abraham
Secretary



Birthdays

Wedding Anniversaries



- May :**
 7th - Ysm George C. George
 11th - Ymt Reela Tharian
 21st - Ysm Manoj Chacko
 21st - Ymt Anita George Mathew

- May :**
 12th - Ysm Mohan & Ymt Geetha
 16th - Ysm Paul & Ymt Reena
 27th - Ysm Arun & Ymt Preetha



- June:**
 2nd - Ymt Reena Paul
 2nd - Ymt Vinny Jacob
 11th - Ysm Chandy Andrews
 18th - Ymt Shiju John
 22nd - Ymt Susan Cherian

- July :**
 2nd : Ysm Mathew & Ymt Kumari
 11th - Ysm Jacob & Ymt Vinny
 15th - Ysm Mohan & Ymt Ashwathy
 24th - Ysm George Mathew & Ymt Anita



- July :**
 3rd - Ysm Mohan George
 14th - Ymt Liza Thomas
 16th - Ymt Mariam Chandy
 21st - Ymt Usha Mathew
 22nd - Ysm Philip Tharakan
 25th - Ymt Miriam D. Mathew

- August :**
 26th - Ysm koshy & Ymt Priya
 28th - Ysm Pramod & Ymt Neetha
 31st - Ysm Tharian & Ymt Reela



- August :**
 10th - Ymt Renu Chacko
 14th - Ylg Diya Koshy
 22nd - Ymt Priya Koshy
 25th - Ysm Shibu John



I'm in charge!

All the organs of the body were having a meeting, trying to decide who was in charge. "I should be in charge", said the brain, "because I run all the body's systems, so without me nothing would happen".

"I should be in charge", said the blood, "because I circulate oxygen all over, so without me you'd all waste away".

"I should be in charge", said the stomach, "because I process food and give all of you energy".

"I should be in charge", said the rectum, "because I'm responsible for waste removal".

All the other body parts laughed at the rectum and insulted him, so in a huff, he shut down tight.

Within a few days, the brain had a terrible headache, the stomach was bloated, and the blood was toxic.

Eventually the other organs gave in. They all agreed that the rectum should be the boss.

The moral of the story ?

You don't have to be smart or important to be in charge ... just an asshole.

YOU CAN CONNECT WITH OUR CLUB ON THE

Go Green Policy



ysmensclubannanagar@gmail.com



www.facebook.com/YsmMensClubOfAnnaNagar



www.ymcannanagar.org

Every small 'GREEN' step taken today would go a long way in building a greener future and that each one of us can work towards a better global environment.

So we will be publishing our Club Bulletin in electronic format only. This will be emailed to all and also available on our web site. If anyone wants the hard copies please let us know and we will send you one.

For Private Circulation Only

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